

*Mastering Fermentation Recipes For Making And Cooking With  
Fermented Foods Mary Karlin*





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MASTERING FERMENTATION Recipes for Making and Cooking With Fermented Foods. Welcome to the companion website to my most recent book, Mastering Fermentation, published by Ten Speed Press. I invite you to delve into these pages to get a taste of the breadth of fermented foods and beverages, along with helpful guidelines and delicious, doable recipes.

### **Mastering Fermentation | Mary Karlin: Author, Cooking ...**

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Would you ever think of making fermented ketchup? I certainly hadn't before pickling up my copy of Mary Karlin's new cookbook, Mastering Fermentation. Yet, after pondering the history of the condiment, it makes a lot of sense. Ketchup has its roots in Southeast Asian kecap manis, which, as a sweet ...

**Tomato Ketchup from 'Mastering Fermentation' Recipe ...**

This is a fantastic all-round starter point for anyone interested in the lost food arts. March, 2014. Age Range: 0 years. Publisher: Ten Speed Press. Kitchen, Dining, Bar. Published In: United States, 01 August 2013.

**Mastering Fermentation: Recipes for Making and Cooking ...**

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MASTERING FERMENTATION By Mary Karlin Published by Ten Speed Press. A beautifully illustrated and authoritative guide to the art and science of fermented foods, featuring 70+ recipes that progress from simple fermented condiments like vinegars and mustards to more advanced techniques for using wild yeast, fermenting meats, and curing fish.

**Mary Karlin | Author, Cooking Teacher, Food Writer**

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**Mastering Fermentation: Recipes for Making and Cooking ...**

Most of the recipes in Mary Karlin's new cookbook, Mastering Fermentation, at least sound familiar. Even if I'd never tried making salami or kombucha before doesn't mean I haven't put it into my body at some point. But these bran-fermented vegetables are a different story. Called nuka in Japan, they ...

**Bran-Fermented Vegetables from 'Mastering Fermentation ...**

About Mastering Fermentation. A beautifully illustrated and authoritative guide to the art and science of fermented foods, featuring 70+ recipes that progress from simple fermented condiments like vinegars and mustards to more advanced techniques for using wild yeast, fermenting meats, and curing fish.

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